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| Autumn 1  Gym 1 | Autumn 2  Gym 2 | Spring 1  Dance | Spring 2  Games 1 | Summer 1  Dance | Summer 2  Games 2 |
| To be able to develop spatial awareness, coordination and control in a range of ways. | To be able to develop spatial awareness, coordination and control in a range of ways. | To introduce dance and movement skills and explore teamwork and co-operation | To use a small range of equipment and use space safely. Learn how to use the apparatus equipment | To develop the ability to create movements to music. Practise movements and join them together to create a motif. | To be able to use hoops with controlled actions and work as a team. |