



# Physical Education Overview

## Reception



**Autumn 1**  
Me and Myself



**Autumn 2**  
Movement and Direction



**Spring 1**  
Throwing and Catching



**Spring 2**  
Ball Skills

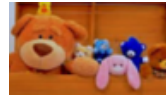


**Summer 1**  
Fun and Games



**Summer 2**  
Working with Others

## Year One



**Autumn 1**  
Fitness  
Invasion Games - Football



**Autumn 2**  
Gymnastics  
Invasion Games - Basketball



**Spring 1**  
Dance  
Net/Wall Games - Volleyball



**Spring 2**  
Gymnastics  
Striking & Fielding - Cricket



**Summer 1**  
Target Games - Golf  
Outdoor & Adventurous - Orienteering



**Summer 2**  
Athletics  
Net/Wall Games - Tennis

## Year Two



**Autumn 1**  
Gymnastics  
Invasion Games - Football



**Autumn 2**  
Fitness  
Invasion Games - Basketball



**Spring 1**  
Gymnastics  
Net/Wall Games - Volleyball



**Spring 2**  
Dance  
Striking & Fielding - Cricket



**Summer 1**  
Target Games - Golf  
Outdoor & Adventurous - Orienteering



**Summer 2**  
Athletics  
Net/Wall Games - Tennis

