



Barking & Dagenham

Speech and Language Strategy of the Month: April



Use Plenty of Repetition

Why? Lots of repetition makes words familiar for children. The more children hear a word, the easier it is for them to learn and remember it, and eventually use it. Repetition helps new words stick!

How? Say words again and again in different ways. If you're holding a ball, try: "Ball! Yep, a ball! A big, bouncy ball!" The more they hear it, the more it becomes part of their vocabulary.

When? Sprinkle repetition into your day—when playing, naming objects, or giving instructions. The more you repeat, the more those little brains soak it up!



Barking &
Dagenham
**Family
Hub**